

Lupin Turmeric & Coconut Rice



Origin: Western Australia, Australia

Product Description: The base ingredient originates from The Lupin Co (TLC) lupin flakes which are gently manufactured from Australian Sweet Lupin (ASL) seed (Lupinus Angustifolius). They are a Legume selected specifically for the low alkaloids (low bitterness/bean/green flavour). Approx 95% of all sweet lupin is grown in Australia and of this over 85% is grown in Western Australia (WA). Classic breeding comes from Mediterranean varieties which were introduced to WA during the early 1960's. TLC lupins are harvested from the above-ground pods formed on the plant, cleaned and sized on farm, followed by careful removal of the outer husk (lupin hull) which is mainly hemi-cellulose fibre. Then follows a triple colour analysis to make sure only the beautiful golden lupin endosperm is included. A multiple dry, size reduction process then follows with the final step being to produce delicate and versatile flakes. The process is all done at a temperature not exceeding 36C, measured throughout the process by laser thermometers.



The Lupin Turmeric & Coconut Rice mix is an easy-to-use gluten-free rice premix. With low GI Basmati Rice, this product cooks in the same time as conventional rice – approx. 10 minutes. Excellent for inclusion as an accompaniment or enjoy on its own with the full natural flavour and aroma of a genuine southern Indian dish. With lots of protein and dietary fibre and a lower GI, this is a product suited to the fast-moving consumer with a focus on natural protein for natural, sustained energy. This is a quick and easy addition to any pantry for those moments when a quick 10-minute addition is super achievable.

Ingredients: Pure Australian Sweet LupinQ Flakes (21% – Australia), Basmati Rice (India & Pakistan), Coconut (Philippines), Salt (Australia), Spices

GMO status: GMO free

Storage and Shelf Life: 24 months – if stored cool, dark and dry.

Available sizes:

- 300gm x 6 per shelf ready retail pack with tear-off lid
- 300gm x 50 per box

HS Code: 2106.90.99

Organoleptic Characteristics:

- Flavour – Close your eyes and think of India
- Aroma – Same as above
- Texture – Very similar to rice on its own, only this time with a powerful protein flake

Physical: A soft golden colour, small flakes with non-uniform shapes, interspersed with Basmati rice. No clumps, pours easily. Usage just like ordinary rice, only this one has loads of protein.

Microbial Characteristics:

- Clostridium Perfringens (CFU/g) – <10
- Coagulase Positive Staphylococci (CFU/g) – <100
- Ecoli (CFU/g) – <10
- Coliforms (CFU/g) – <10
- Enterobacteriaceae (CFU/g) – <10
- Salmonella sp /25g – not detected
- Total Plate Count (CFU/g) – 150
- Yeast (CFU/g) – <100
- Mould (CFU/g) – 100

Allergen Data: Lupin is a declared allergen in Australia, New Zealand and EU. Wheat is grown on our farms however Gluten is not processed at our manufacturing site. We analyse final product independently and gluten is not detected at <5.0mg/kg. No other allergens are included in any of our processing facility.

Certification: HACCP, Kosher, Halal (third party certificates available on request)



Nutritional Facts

Nutritional Facts:	
Energy (kJ/100g)	562
Protein (g/100g)	5.0
Fatty Acid Profile (g/100g) - Saturated Fat.	1.7
Total Fat	2.6
Metals – ICP - Sodium (mg/100g)	140
Carbohydrates (g/100g)	20.6
- Sugars	0.5
Gluten (mg/100g)	Not Detected = less than 5.0
Dietary Fibre (g/100g)	3.3